



Virginia Green Lodging is the Virginia Department of Environmental Quality's (DEQ) initiative to promote pollution prevention (P2) practices in the tourism and hospitality industry. *Green Lodging* encourages hotels, resorts, and other hospitality operations to be aware of their impact on the environment and to take steps to reduce these impacts. *Green Lodging* is a non-regulatory program, and participation is completely voluntary and free of charge.

Virginia Green Lodging Profile:

The Old Mill House Bed & Breakfast

Graves Mill, Virginia

The Old Mill House Bed and Breakfast is nestled in the foothills of the Blue Ridge Mountains. The pre-Civil War farmhouse has two guestrooms and is listed on the Virginia Landmarks Register and National Register of Historic Places. The Old Mill House is committed to environmental excellence and works to minimize environmental impacts whenever possible.

Green Lodging Activities. When visiting The Old Mill House, you can expect the following practices:

- (\$) Optional Linen Service
- **S** Recycling
- **(\$)** Water Conservation
- **S** Energy Conservation
- (\$) Green Events Package

Optional Linen Service

- Trained on process of optional linen service
- Purchase water efficient washers and dryers
- Use non-phosphate, non-toxic, biodegradable laundry detergents
- Minimize the use of bleach and chlorinated chemicals
- Use linen service providers that employ "wet" versus "dry" cleaning

Recycling

- Recycle glass, aluminum cans, steel cans, grease, plastic, office paper, toner cartridges, newspaper, cardboard, packing supplies, fluorescent lamps, batteries and electronics equipment
- Compost excess food waste

Waste Reduction

- Track overall waste bills
- Clean with washable cloths, reuse grocery bags, sew items from recycled fabric
- Use bulk soap dispensers and fill reusable shampoo bottles
- Instruct housekeeping to save and reuse unopened items
- Eliminate use of Styrofoam



- Use dishware and glassware to minimize use of disposables
- Use non-bleached napkins and coffee filters
- Provide condiments, cream and sugar in bulk
- Refill water pitchers to minimize single use bottles
- Donation of excess food from events
- Implement effective food inventory system to minimize waste
- Purchase locally grown, organic, sustainable grown produce when possible
- Purchase from vendors and service providers with a commitment to the environment
- Use two-sided copying and printing and electronic correspondence and forms
- Use "green" cleaners that are dispensed in bulk
- Installation of high efficiency hand dryers
- Purchase durable furniture and equipment
- Antique and family heirloom furnishings
- Use reused building materials or those from sustainable sources
- Use latex paint and least toxic materials
- Reuse paint thinners and recycle/dispose of thinners and solvents properly
- Use preventative maintenance on all appliances, HVAC systems, plumbing and vehicles
- Effective inventory system and labeling of last-in/first-out
- Minimize use of pesticides and herbicides and use integrated pest management
- Abundance of indoor plants

Water Conservation

- Preventative maintenance of drips and leaks
- High efficiency dishwashers and low flow toilets
- Use dry clean up methods over water-based methods
- Effective landscape management plan
- Effective storm water management plan and rain barrels
- Minimization of impervious areas
- Vegetative buffers around streams and ponds

Energy Conservation

- Track overall energy bills and set numeric goal to reduce
- Use high efficiency compact fluorescent light bulbs in rooms and spotlights
- High Efficiency Heating & Air Conditioning with zoned heating and cooling
- Use natural lighting and solar panels, use ceiling fans
- Thermal rated windows and insulation
- Use directional lighting in parking lots and walkways

For more information on **The Old Mill House**, see http://virginiaoldmillhouse.com.

For more information on *Virginia Green Lodging* program, see www.deq.virginia.gov/p2/lodging.



Virginia Green Lodging program is a supporting partner of *Virginia Green*, the Commonwealth's campaign to encourage environmentally-friendly practices is all aspects of Virginia's tourism industry. Virginia Green is supported through a partnership between the Virginia Department of Environmental Quality, the Virginia Hospitality & Travel Association, and the Virginia Tourism Corporation.







